

Accredited by Korean Medical Association

2021 Asia Pacific Anti-Aging Conference

3, 4, 5 December

Join us online at 9:00 a.m. KST

www.apantiaging.org
Offline EXCO, Daegu, South Korea



APAAC 2021
Asia Pacific Anti-Aging Conference



Greetings



Greetings from Daegu, Korea!

On behalf of the Asia Pacific Anti-Aging Society, I am pleased to cordially invite you to Daegu, the venue for the 4th Asia Pacific Anti-Aging Conference. My name is Dae-gu Son, the President of Asia Pacific Anti Aging Society (APAAS).

“Water for those who need water and coffee for those who need coffee”

I wish all of you good health amid the ongoing COVID-19 pandemic.

Following the unexpected chaos last year, we have realized the importance of everyday life. However, human wisdom is so extraordinary that even the unprecedented struggle has paved the way to a new normal.

Launched four years ago, APAAS has reorganized its conference, making every preparation for the fourth meeting increasingly informative and customized. It aims to find the answers to your questions, provide solutions to your difficulties, and most of all, open channels for us to work together to come up with relevant solutions. Please come and join us. Let us know about your concerns and challenges.

For more updated news, feel free to visit our website. We would like to keep in contact with you through this communication channel.

A stout heart tempers adversity. I believe we all will be able to overcome this crisis and create a new change.

Best wishes,

Dae-gu Son

*President of Asia Pacific Anti-Aging Society
Prof. of Keimyung University Dongsan Hospital*

Program at a Glance

		Dermatology	Plastic Surgery	Hair Transplantation	Dentistry	Hospital Management	Public Session
DEC. 3 rd	AM		Lectures			Lectures	
	PM		Lectures			Medical experience & Hospital inspection	Lectures
		Opening Ceremony & Welcome Dinner					
DEC. 4 th	AM	Lectures	Lectures	Lectures	Lectures	Lectures	
	PM	Lectures	Lectures	Lectures	Lectures & Hands-on	Lectures	
DEC. 5 th	AM	Live Surgery-Video Lectures	Live Surgery-Video Lectures	Live Surgery-Video Lectures	Lectures		
	PM				Lectures & Hands-on		



DERMATOLOGY

- Treatment methods for skin tumors and diseases
- Lectures and live surgeries for obesity, scar treatment and brightening with focus on practical technique and procedures



PLASTIC SURGERY

- The up-to-date plastic surgery techniques of Korea and the leading trends in four fields: minimal invasive anti-aging procedures, face lift, brow lift and fat graft



HAIR TRANSPLANTATION

- Introducing a new multi-hair implanter and covering recent studies on the follicular unit extraction (FUE) technology



DENTISTRY

- Effective clinical use of face scan and digital prosthetic treatment, socket preservation, GBR technique for advanced tissue augmentation treatments in oral maxillofacial implant treatment



PUBLIC SESSION

- Lectures on the practical anti-aging management
- Industrial session; Korean anti-aging techniques including device-assisted skin care, fitness trends, and weight-control drug therapy



DERMATOLOGY

As Korea was the first country in Asia to hold the ISDS(International Society for Dermatologic Surgery) and half of the 170 speakers were Korean doctors, Korean dermatology can be said to be world-class. Likewise, of the 200 overseas doctors attending the 2019 APAAC, 100 doctors signed up for the dermatology program.

Korea's best dermatologists from Kyungpook National University Hospital will demonstrate amazing treatment methods for skin tumors and diseases. Besides, the International and domestic top dermatologists from prestigious medical schools and famous dermatology hospitals will conduct lectures and live surgeries for obesity and scar treatment and brightening, with focus on practical techniques and procedures.

Led by these excellent instructors, the 2021 APAAC Dermatology Program will help doctors and participants acquire K-beauty dermatology techniques.

Asian Cosmetic Dermatology Symposium & Live Surgery Workshop

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 1		Seok Jong Lee	Kyungpook National University Hospital
09:00 - 09:30	What's new in the treatment of atopic dermatitis?	Yong Hyun Jang	Kyungpook National University Hospital
09:30 - 10:00	Psoriasis and aging	Kyung Duck Park	Kyungpook National University Hospital
10:00 - 10:30	Which "Hemangioma" can be treated?-Correct classification can help it.	Seok Jong Lee	Kyungpook National University Hospital
10:30 - 10:40	Coffee Break		
Session 2		Yong Hyun Jang	Kyungpook National University Hospital
10:40 - 11:10	Treatment of various forms of cysts in dermatology	Jun Young Kim	Kyungpook National University Hospital
11:10 - 11:40	Clinical application of ultrasound in dermatology	Dae Lyong Ha	Kyungpook National University Hospital
11:40 - 12:10	Tipis for keloid treatment	Won Serk Kim	Kangbuk Samsung Hospital
12:10 - 13:00	Lunch		
Session 3		Weon Ju Lee	Kyungpook National University Hospital
13:00 - 13:30	Application of a temperature-adjustable cryotherapy device on dermatology	Weon Ju Lee	Kyungpook National University Hospital
13:30 - 14:00	Filler complications & some considerations for cutaneous and aesthetic surgeries during COVID-19 pandemic	Chong Hyun Won	Skin Cancer Center, Asan Medical Center
14:00 - 14:30	Energy-based devices for the treatment of aging skin	Chang Hun Huh	Seoul National University Bundang Hospital
14:30 - 15:00	The latest trends in dermatological anti-aging treatments	Pok Kee Min	JCI AllforSkin Dermatology Clinic
15:00 - 15:10	Coffee Break		
Session 4		Kyung Duck Park	Kyungpook National University Hospital
15:10 - 15:40	Is genetic prediction for male pattern baldness possible?	Byung Cheol Park	Dankook University Hospital
15:40 - 16:10	Facial volumizing technique using L-poly lactic acid	Young Wook Ryoo	Keimyung University Dongsan Medical Center
16:10 - 16:40	Female hairline correction with laser epilation	Ji Soo Ahn	Modelo Dermatology Clinic

Dec. 5 2021			
Time	Live Video Session	Speaker	Affiliation
Session 5		Young Wook Ryoo	Keimyung University Dongsan Medical Center
10:00-11:00	Filler 1 - Basic	Young Wook Ryoo	Keimyung University Dongsan Medical Center
11:00-12:00	Transdermal drug delivery	Chang Hun Huh	Seoul National University Bundang Hospital
12:00-13:00	Lunch		
Session 6		Pok Kee Min	JCI AllforSkin Dermatology Clinic
13:00-14:00	Filler 2 - Advanced	Pok Kee Min	JCI AllforSkin Dermatology Clinic
14:00-15:30	Treatment of dermatology disorders with laser devices	Seong Geun Chi	JCI AllforSkin Dermatology Clinic
15:30-16:10	Botulinum toxin	Weon Ju Lee	Kyungpook National University Hospital
16:10-16:30	Completion Ceremony & Photographing		



PLASTIC SURGERY

The 4th APAAC will be hosted in medical city, Daegu which leads the way in medical technology and services, this year. The Plastic Surgery Program has provided the new and various contents changing the theme every year since 2018.

This year, 14 specialists will lecture you about the newest plastic surgery techniques of Korea and the leading trends in four fields; minimal invasive anti-aging procedures, face lift, brow lift and fat graft.

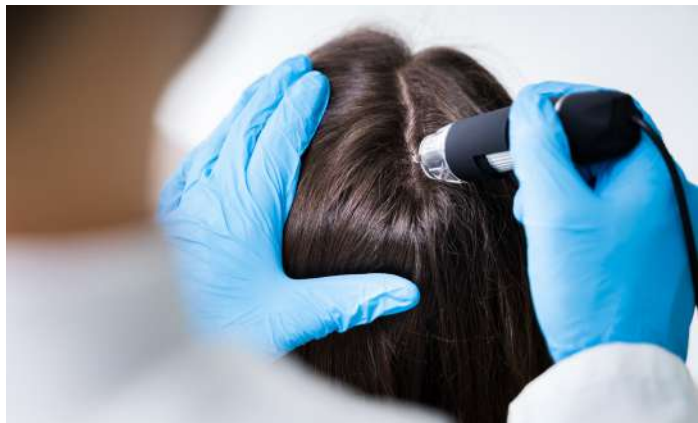
The online and the live video session will be substituted for the meeting of APAAC and the live surgery session, respectively due to an unexpected worldwide outbreak of COVID-19. But, we try to give you better information with the live video in many aspects. The live video session will give participants more surgical information and help you to get the new techniques about anti-aging procedures.

2021 Asian Anti-aging Cosmetic Surgery : Invasive and Minimal Invasive Procedures

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
09:25-09:30	Opening Remarks	Tae Mo Kim	V Plastic Surgery Clinic
Session 1: Minimal Invasive Anti-aging Procedures		Won Seok Choi	V Plastic Surgery Clinic
09:30-09:50	The new trends in minimal invasive anti-aging procedures	Won Seok Choi	V Plastic Surgery Clinic
09:50-10:10	The thread lift I : Using new threads	Han Young Yoon	V Plastic Surgery Clinic
10:10-10:30	The thread lift II : Periorbital rejuvenation using threads	Hong Yeul Kim	BL Plastic Surgery Clinic
10:30-10:40	Q & A		
10:40-11:00	Coffee Break		
Session 2: Face Lift		Sung Ho Kim	V Plastic Surgery Clinic
11:00-11:20	Personal approach with various techniques on different faces	Sung Gun Bae	BL Plastic Surgery Clinic
11:20-11:40	The short incision high SMAS facelift	Joon Hyun Cho	Jayunmiin Plastic Surgery Clinic
11:40-12:00	The short scar deep plane SMAS facelift	Sung Ho Kim	V Plastic Surgery Clinic
12:00-12:20	The extended SMAS facelift	Hoi Joon Jung	Joseph Plastic Surgery Clinic
12:20- 12:30	Q & A		
12:30-13:30	Lunch		

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 3: Brow Lift		Jae Min Jung	V Plastic Surgery Clinic
13:30-13:50	Hybrid endoscopic forehead lift	Jae Min Jung	V Plastic Surgery Clinic
13:50-14:10	Direct brow lift by suprabrow incision	Tae Mo Kim	V Plastic Surgery Clinic
14:10-14:30	Subbrow lift : Improving eyelid sagging, naturally	Hyung Min Sung	BL Plastic Surgery Clinic
14:30-14:50	Subbrow lift using suspension to frontalis muscle	Hyun Ji Kim	SUIBI Plastic Surgery Clinic
14:50-15:00	Q & A		
15:00-15:10	Photographing		
15:10-15:40	Coffee Break		
Session 4: Fat graft		Chan Woo Kim	EFIL Plastic Surgery Clinic
15:40-16:00	Clinical use of fat grafting and adipose stem cells for antiaging treatment	Jae Ho Jeong	Oblige Plastic Surgery Clinic
16:00-16:20	Personal experience of ultrafine microfat graft using fat delivering device	Chan Woo Kim	EFIL Plastic Surgery Clinic
16:20-16:40	Micro and nano fat graft	In Sung Yeo	V Plastic Surgery Clinic
16:40-17:00	Q & A		

Dec. 5 2021			
Time	Lecture	Speaker	Affiliation
Video Session : Facelift		Tae Mo Kim	V Plastic Surgery Clinic
09:30 - 10:30	The short incision high SMAS facelift	Joon Hyun Cho	Jayunmiin Plastic Surgery Clinic
10:30 - 11:30	The short scar deep plane facelift	Sung Ho Kim	V Plastic Surgery Clinic
11:30 - 12:30	The extended SMAS facelift	Hoi Joon Jung	Joseph Plastic Surgery Clinic
12:30 - 13:30	Lunch		
Video Session : Minimal Invasive Procedure, Brow Lift, and Fat Graft		Jae Min Jung	V Plastic Surgery Clinic
13:30 - 14:30	Thread lift using new threads	Han Young Yoon	V Plastic Surgery Clinic
14:30 - 15:30	Hybrid endoscopic forehead lift	Jae Min Jung	V Plastic Surgery Clinic
15:30 - 16:30	Micro and nano fat graft	In Sung Yeo	V Plastic Surgery Clinic



HAIR TRANSPLANTATION

With 30 years of history, the hair transplantation field in Daegu is proud to lead the global hair transplant technology with continuous technology development, such as the development of hair follicle group-based hair transplantation and implanter and, recently, multi hair implanter.

This conference is going to introduce a new multi hair implanter and cover recent studies on hair follicle regeneration as well as the follicular unit extraction (FUE) technology.

Moreover, this event will provide an opportunity to exchange new hair transplant technologies and studies through professional presentations by well-known domestic and foreign doctors in the field and live surgery sessions.

We hope that all people interested in hair transplantation will join this conference and seize the opportunity to collaborate with renowned hair transplant doctors locally and abroad.

Hair Transplantation

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Opening Remarks			
09:00-09:05	Introduction	Moon Kyu Kim	Kyungpook National University Hospital Hair Transplantation Center
Session 1: Invited Lectures			
09:05-09:20	Hair cloning : A key for Alopecia	Rattapon Thuantong	Siriraj Hospital Mahidol University, Thailand
09:20-09:35	TBA	Alan Liu	Mojerim Hair Surgery, Taiwan
09:35-09:50	Nagai's hair transplantation method for all areas, including the head, eyebrows and scars	Masahisa Nagai	AGA Renaissance Clinic, Japan
Session 2: Hair Science			
09:50-10:05	Scalp development pattern	Ji Won Oh	Kyungpook National University Hospital Hair Transplantation Center
10:05-10:25	Female pattern hairloss	Byung Cheol Park	Dankook University Hospital
10:25-10:40	The functions and epigenetic regulations of hair follicle stem cells	Oh sang Kwon	Dermatology of Seoul National University Hospital
10:40-11:00	Coffee Break		
Session 3: Implanter			
11:00-11:10	History of implanters	Jung Chul Kim	Kyungpook National University Hospital Hair Transplantation Center
11:10-11:25	Development of multi-implanter	Moon Kyu Kim	Kyungpook National University Hospital Hair Transplantation Center
11:25-11:40	TBA	Jin Wook Jung	Derma Hairplant Mijiye Skin Clinic
11:40-11:55	TBA	Kwang Young Kang	Moraena Dermatology and Hair Transplantation Center
11:55-13:00	Lunch		
Session 4: FUE			
13:00-13:15	Introducing new FUE punch device (Bluetooth, multiphasic, long hair, fingertip touch sensor)	Jae Hyun Park	Dana Plastic Surgery Clinic
13:15-13:30	Fine adjustments of punch to improve the graft quality in FUE	Hyo Kang	Miracle Hair Restoration Clinic
13:30-13:45	Temporal peak creation with long hair FUE technique	Seung Hyun You	Dana Plastic Surgery Clinic
13:45-14:00	Trumpet shape(lateral axis) punching needle in FUE	Jong Pil Choi	JP Plastic Surgery Clinic
14:00-14:15	Follicular unit excision with flat punch	Hyung Suk Kim	Maxwell Dermatology Clinic
14:15-14:30	Follicular unit extraction: A review of the systems presently used	Jino Kim	New Hair Institute
14:30-15:00	Panel discussion for FUE		
15:00-15:20	Coffee Break		
Session 5: Tips for Hair Transplantation Surgery			
15:20-15:35	TBA	Ji Sup Ahn	Dr.Ahn Hair Transplant Clinic
15:35-15:50	TBA	Gun Park	Centum Mobigs Dermatologic Clinic

Dec. 5 2021			
Time	Live Surgery Workshop	Speaker	Affiliation
Live Surgery Workshop			
09:00-10:00	Op. Case : Male alopecia case : Shaven FUE with new intelligent graMAX FUE punch (graMAXTM : Bluetooth, multiphasic, long hair, fingertip touch sensor)	Jae Hyun Park	Dana Plastic Surgery Clinic, Seoul
10:00-11:00	Female hairline	Ji Sup Ahn	Dr.Ahn Hair Transplant Clinic
11:00-12:00	Multi-Implanter	Kwang Young Kang	Moraena Dermatology and Hair Transplantation Center



DENTISTRY

The topic of the oral maxillofacial program of APPAC 2021 is advanced tissue augmentation technique & digital dentistry in oral maxillofacial implant treatment.

With the recent advent of a wide variety of computer-assisted techniques, digitalization has become increasingly prevalent in the field of prosthodontics and implant surgery. Digital computer-assisted technologies streamlines the production of implant prostheses, providing outcomes comparable to the conventional techniques in terms of the survival and complications related to the prostheses. Recently, patients who loss their teeth want to install implants. If there are good quality and quantity of alveolar bone, dentists can put in easily. We will look at the methods of how to reduce the chance, materials for GBR and the amount of lateral and vertical augmentation in this course.

We are preparing important practice courses and introducing recent new techniques for above 2 days like effective clinical use of face scan and digital prosthetic treatment, socket preservation, GBR technique for advanced tissue augmentation treatments in oral maxillofacial implant treatment for dentist as well as lectures.

Advanced Tissue Augmentation & Digital Dentistry in Oral & Maxillofacial Implant

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 1: Digital Dentistry In Restorative Treatments			
9:30-10:10	Dental rehabilitation & anti-aging	So Yeun Kim	Kyungpook National University Dental Hospital
10:20-11:00	Understanding of digital complete denture	Jung Jin Lee	Jeonbuk National University Dental Hospital
11:10-11:50	Clinical application and effectivity of virtual patients from multimodal data integration	Ji Man Park	Seoul University College of Dentistry
12:00-12:40	Implant maintenance & prosthetic Tx. After successful GBR	Dong Woon Lee	VHS Medical Center
12:40- 14:00	Lunch		
14:00-14:30	Esthetic diagnosis and treatment planning in the era of digital dentistry	Hang Nga Mai	Kyungpook National University Institute for Translational Research in Dentistry
14:30- 17:00	Digital era, digital transformation: Key factors in prosthetic treatment	Du Hyeong Lee	Kyungpook National University Dental Hospital
	Hands-On		
	Digital workflow (Face scan, image merging, intraoral scan, chairside CAD, 3D printing)		

Dec. 5 2021			
Time	Lecture	Speaker	Affiliation
Session 2: Socket Preservation & GBR In Implant Dentistry			
9:30-10:30	Socket preservation for implant placement	Philip Y. Kang	Columbia University College of Dental Medicine
10:40-11:40	Updates in extraction socket grafting : From ridge preservation to regeneration	Jung Seok Lee	Yonsei University College of Dentistry
12:20 - 13:30	Lunch		
Hands-On			
13:30-14:10	GBR with a focus on Ti-mesh	Young Joon Cho	Mac Dental Clinic
14:20-15:00	Tension controlled suture for GBR	Yong Tak Jung	Mac Dental Clinic
15:00-17:30	Model practice (GBR & Suture tech, etc.)	Jae Mok Lee	Kyungpook National University Dental Hospital
		Philip Kang	Columbia University College of Dental Medicine



HOSPITAL MANAGEMENT PROGRAM

Today, the healthcare market is becoming more competitive. As time goes by, competition intensifies, and the medical market in particular for beauty is now fully into the red ocean market. Therefore, the price is downed, the marketing cost is increased, and the profile is deteriorated. In today's healthcare market, where consumer choice has become very important, marketing, strategy and management are very important as well as treatment or procedure method. The APAAC's hospital management session covers the management and strategy of Korean hospitals. It also can be introduced directly to Korea's famous plastic surgery and dermatology online fam tour. The APAAC hospital management session will greatly upgrade your hospital management.

Hospital Management Program

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
Session 1			
9:30-10:30	Present and Future: Body Obesity Clinic	Yoon seo Kim	V Plastic Surgery Clinic
10:30-10:50	Coffee Break		
10:50-12:00	Establishment of hospital management strategy based on MOT	Jae Young Park	BL Plastic Surgery Clinic
12:00-13:00	Lunch		
Session 2: Korea hospital inspection & experience			
13:00-14:00	Sight inspection for dermatology clinic and plastic surgery hospital	TBA	JCI AllforSkin Dermatology Clinic
14:10-15:10		TBA	TBA
15:20-16:20		TBA	BL Plastic Surgery Clinic
16:30-17:30		TBA	Joseph Plastic Surgery Clinic

Dec. 4 2021			
Time	Lecture	Speaker	Affiliation
Session 3			
9:30-10:30	Korea Hospital management & Department Medical Market Trend	Jung Il Shin	V Plastic Surgery Clinic
10:30-10:50	Coffee Break		
10:50-12:00	Healthcare Branding in the New Normal Era - Hospital Digital Twin Strategies for Social Metaverse	Seung chul Yoo	Concept Korea
12:00-13:00	Lunch		
Session 4			
13:00-14:00	Changes in Korean Beauty Clinic Marketing Trend & Changes in Global Patient Trends	Seung chul Yang	SC Company
14:00-15:00	Petit & Medical device combination therapy for Face contouring	Yong Jung Son	BL Coms
15:00-15:20	Coffee Break		
15:20-16:20	TBA	Ji-Sun Park	SEMA (CRM)
16:20-17:20	TBA	Yeong-sil Pi	SEMA (HR)



PUBLIC SESSION

The Asia Pacific Anti-Aging Conference (APAAC) is Korea's only medical conference that offers public session which is open to all specialities. In the 2021 APAAC's public session, renowned professors from Kyungpook National University Hospital and other prestigious medical schools will provide lectures on the practical anti-aging management.

In addition, industrial session will give you opportunities to experience high-tech products. These practical and in-depth contents will offer you amazing Korean anti-aging techniques including device-assisted skin care, fitness trends, and weight-control drug therapy.

Public Session

Dec. 3 2021			
Time	Lecture	Speaker	Affiliation
13:30 - 13:40	Welcome Remarks	Jong Min Lee	Kyungpook National University Hospital
Session 1: Skin Care Technology Updates		Chul Ho Won	Kyungil University
13:40-14:00	Effects of far-infrared radiation on skin	Sang Mok Lee	Jinyoung R&S
14:00-14:20	Tappy Tok Tok	Nyeon Sik Eum	U-BioMed Inc
14:20-14:40	Anti-aging cosmetics	Kyung Hwan Kim	SLC
Session 2: Physical Activity for Anti-aging		Jong Min Lee	Kyungpook National University Hospital
14:40-15:00	ACE2 and skeletal muscle in COVID-19 era	Yu Sun Min	Kyungpook National University Hospital
15:00-15:20	Encouraging exercise in lock-down life	Dae Ho Lee	OSD (One Soft Digm)
Session 3: Medicine and Diet		Hae Jin Ko	Kyungpook National University Hospital
15:20-15:40	Co-Q10 for anti-aging: pros and cons	Ha Na Moon	Daegu Catholic University Medical Center
15:40-16:00	Health benefits of probiotics	Hae Young Kim	Major Clinic
16:00-16:20	Low-carbohydrate diet to lose weight	Hye In Choi	Kyungpook National University Hospital
Session 4: Oriental Medicine		Hee Kyung Kim	Daegu-Gyeongbuk Medical Innovation-Foundation
16:20-16:40	Cosmeceuticals for the aged to reinforce skin barrier function physically and to use Aroma Essential Oils for Olfactory Health	Chan Ik Park	Daegu Haany University
16:40-17:00	Anti-aging diet	Seok Man Park	Okchundang
17:00-17:20	Facial acupuncture	Jae Soo Kim	Daegu Hanny University
Session 5: Mental Anti-aging		Jung Hyun Lee	Kyungpook National University School of Medicine
17:20-17:40	How to prevent cognitive decline and dementia	Hyon Ah Yi	Keimyung University Dongsan Hospital
17:40-18:00	Overcoming stress	Sang Won Lee	Kyungpook National University Hospital
18:00-18:05	Adjourn	Jyung Hyun Lee	Kyungpook National University School of Medicine

The 2021 Asia Pacific Anti-Aging Conference



Homepage



Facebook



Tik Tok



Youtube